

FOREST WRESTLING TOURNAMENT
JEFFERSON FOREST HIGH SCHOOL
1 CAVALIER CIRCLE, FOREST, VA

WHEN: DECEMBER 5, 2009

7-9 AM...WEIGH-INS

10 AM.....WRESTLING BEGINS

***** SATELLITE WEIGH-INS *****

SATELLITES MUST BE RECEIVED BY 8 PM THURSDAY DEC. 3
YOUTH DIVISION SEND TO: ROMANZAK@VERIZON.NET
JUNIORS DIVISION SEND TO: DBURGESS@BEDFORD.K12.VA.US

*****SATELLITE ENTRIES MUST CHECK IN BY 8 AM*****

WHO: YOUTH: 5 YEARS - 5TH GRADE

JUNIORS: 6TH GRADE - 8TH GRADE

CONTACTS: YOUTH...ROSS ROMANZAK 525-2566

JUNIORS...Dan BURGESS 944-2182

COST: \$15.00

*****BREAKFAST WILL BE AVAILABLE AS WELL AS ALL DAY**

CONCESSIONS & HOSPITALITY ROOM 4 COACHES/REFS/WORKERS***

Wrestler: _____

Division: _____ Years Experience: _____

Weight: _____

Waiver Agreement

I understand that wrestling is a physical contact sport and that injuries occasionally occur due to the natural course of the sport. I recognize that Forest Wrestling and Jefferson Forest High School are not responsible for any injury incurred at this event.

Parent/Legal Guardian _____