

HILLTOPPER

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WRESTLING

Parents, Coaches, Supporters, & Wrestlers,

I hope this finds everyone doing well. I am writing to drop everyone a line about what is happening with Hilltopper Wrestling over the summer. As most everyone involved with the program knows, Chris Lukanich has stepped down as head coach of the varsity team, and I am fortunate to have been chosen to fill that position. Both he and his family have been instrumental in establishing the program and getting it to where it is today.

Since I know I am not familiar with everyone involved in all our programs, and I feel confident not everyone is familiar with me, I would like to take a moment to tell you a little about myself. My name is Bert Horsley and I have been an assistant wrestling coach at E.C. Glass for the past five seasons. I have also coached football four of those seasons, but will no longer be involved in that area. I am originally from Lynchburg and graduated from Jefferson Forest High School in 1996, the University of Richmond in 2000, and Liberty University in 2007. Currently I work in the Special Education department at E.C. Glass High School and in the fall will begin taking classes at Lynchburg College. I know I have my work cut out for me as we continue to push the varsity team in the right direction, but I am confident that with the support of all involved, we will reach the goals we set for ourselves.

I would like to take this opportunity to thank everyone involved with making Hilltopper Wrestling successful from the youth to the varsity. As parents, coaches (youth, middle school, and varsity staff), supporters, volunteers, and wrestlers you have put the time and hard work in to make things work and nothing that is achieved would be possible without your commitment. It is greatly appreciated. I would also like to extend a thank you to the E.C. Glass administrative team for their support of the varsity program and for the opportunity for me to work in this capacity.

At this writing, the varsity team is finishing up our first week of summer workouts. I encourage any youth or middle school wrestlers to join us if interested. We have a rigorous lifting program that is designed to build both strength and endurance. In addition to that we have multiple opportunities throughout the week for our guys to get on the mat and wrestle as well as engage in

some fun conditioning games that will help them to stay in shape over the summer. We are also fortunate to have some wrestlers attending camps over the summer and I look forward to seeing the overall progress of the team as we go through the summer. In addition to workouts we also have several fundraising opportunities over the next few months. We will be working Bingo on June 28, July 26, and August 9 with more dates to come in the fall. Anyone interested in helping in these events please feel free to let me know. I hope you all have a great summer. Please feel free to contact me with any questions, comments, or concerns you may have. Thanks!

Coach Horsley